



Universität Stuttgart

Behavioural Changes through Consumer Empowerment. Evidence from German case studies



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Project "Consuming energy sustainably – consuming sustainable energy.

Heat energy consumption in the field of tensions between social predictors, economic conditions and ecological consciousness"

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Funded by the German Federal Ministry of Education and Research, as part of the "From knowledge to action – New approaches to sustainable consumption" priority topic, which was part of the "Socio-ecological research" initiative.

Project team (scientific partners)

•Interdisciplinary Research Unit on Risk Governance and Sustainable Technology Development (ZIRN) at the University of Stuttgart

•Institute for Energy Economics and Rational Use of Energy (IER) at the University of Stuttgart

•European Institute for Energy Research (EIFER)

•Bremer Energie Institut (BEI)

•J. W. Goethe University Frankfurt, Institute for employment-, economic- and civil law

Participating practitioners

•Consumer advice centres, energy-related advisory services, chimney sweepers, craftsmen, architects, city planning offices, building societies, technology providers...

Overall research question:

•What are incentives and restraints for an enhanced sustainable heat energy consumption?

•How can restraints be removed and incentives be created?

Goals:

•Scientific: Comprehensive and interdisciplinary analysis of heat energy consumption

•Practical: Recommendations for action for consumers, actors in the periphery of consumers as well as political decision makers to actively promote the sustainable use of heat energy

Sub-project: Tenant empowerment through information brochures, on site information and involvement

Hypothesis: sustainable consumption is closely related to the idea of consumer empowerment, hence instruments of information and involvement contribute to both goals.

Specific relevance for tenants – a consumer group, often neglected in the debate on sustainable heat energy consumption!

Goal of the sub-project: Identification and analysis of existing instruments for tenant empowerment with regard to sustainable heat energy consumption

Tenant empowerment for sustainable consumption includes the following dimensions:

clear and target-group specific information

•information for consumers on how sustainable behaviour can be combined with other consumers' individual needs •information for consumers on how far individual consumption decisions link to global and ecological issues •motivation for consumers to make more sustainable decisions and change their consumption routines

- •information for consumers about their structural constraints, institutional limits, and solutions on how to overcome them
- •re-design of market conditions in such a way that they support sustainable consumption

consumer involvement in the production/renovation process

Methods: quantitative content analysis of information brochures, focus groups with tenants, guideline-based interviews with representatives of the housing industry, group Delphi with experts on energy consumption

Results

Written information for tenants

- Insufficient target group specificity
- •Main arguments found: saving money or other individual goals
- •Only few brochures show an encompassing understanding of consumer empowerment and inform about structural constraints as well as global and ecological issues

Tenants' involvement

•A general obstacle for tenant empowerment is a lack of self-organization, anonymity, and high fluctuation rates

 Instruments of tenants' involvement in energysaving renovations can countervail these

- obstacles.
- •Concepts to be found

Recommendation for action

Written information

 Adding commercial gimmicks •Further target group specific differentiation •Brochures should actively approach consumers' fears and potential problems

On-site information

Information offices

•Only some brochures motivate for action (providing check lists etc.)

•Only interested tenants, already highly aware of the relevance of the issue, may be activated

On-site information for tenants

•Interactive information on site are far more effective

•On-site information on sustainable heat energy consumption are more likely to link individual behaviour and structural surroundings •The general interest of energy-related issues can be increased

 Consultation •Co-design

•Co-determination •The housing industry profits because

•Conflicts and expensive complaints procedures can be avoided Acceptance can be raised

•Specific tenant knowledge can be used •Fluctuation rate and vacancies can be decreased

 Information events •Apartments for demonstration •One-on-one talks on-site Monthly individual feedback on energyconsumption, ideally in comparison with the average consumption of the entire building

Consultation

 Interviews or questionnaires •House-meetings •One-on-one talks and inspections on-site •Tenant representatives

Co-Design

•Tenant advisory boards •Workshops

The adequate choice of instruments depends on the organizational structure, the size of the energy saving renovation project and the social structure of tenants.