

# Heating with Air Conditioners – fast and affordable transition towards carbon neutrality

Andrea Roscetti – Dipartimento di Energia, Politecnico di Milano

Eric Bush, Hélène Rochat – Topten, Zurich, Switzerland

Lorenz Deppeler – EKZ, Electrical Utilities of the Canton of Zurich,  
Zurich, Switzerland



**POLITECNICO**  
MILANO 1863



# Heat pumps: hot topic!

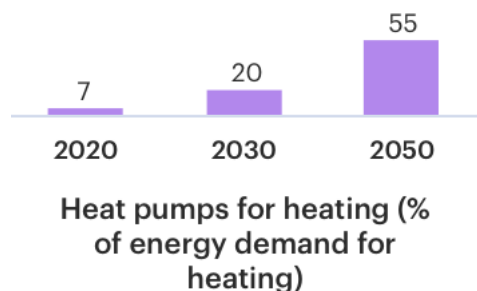
## All heat pumping technology subtypes are becoming more popular

**Air-to-air heat pumps** have been rapidly becoming more widespread in recent years and now dominate global sales for buildings. In the United States, for example, annual shipments expanded from 2.3 million units in 2015 to 3.1 million in 2019.

Several factors have raised the popularity of air-to-air technologies, including policy development, upgraded construction standards that make heat pumps in new buildings more competitive, and growing air-conditioning demand.

IEA (2020), *Heat Pumps*, IEA, Paris <https://www.iea.org/reports/heat-pumps>

IEA (2021), *Net Zero by 2050*, IEA, Paris <https://www.iea.org/reports/net-zero-by-2050>



Con IKEA Clean Energy Services diventi ora fornitore autonomo di energia in modo semplice

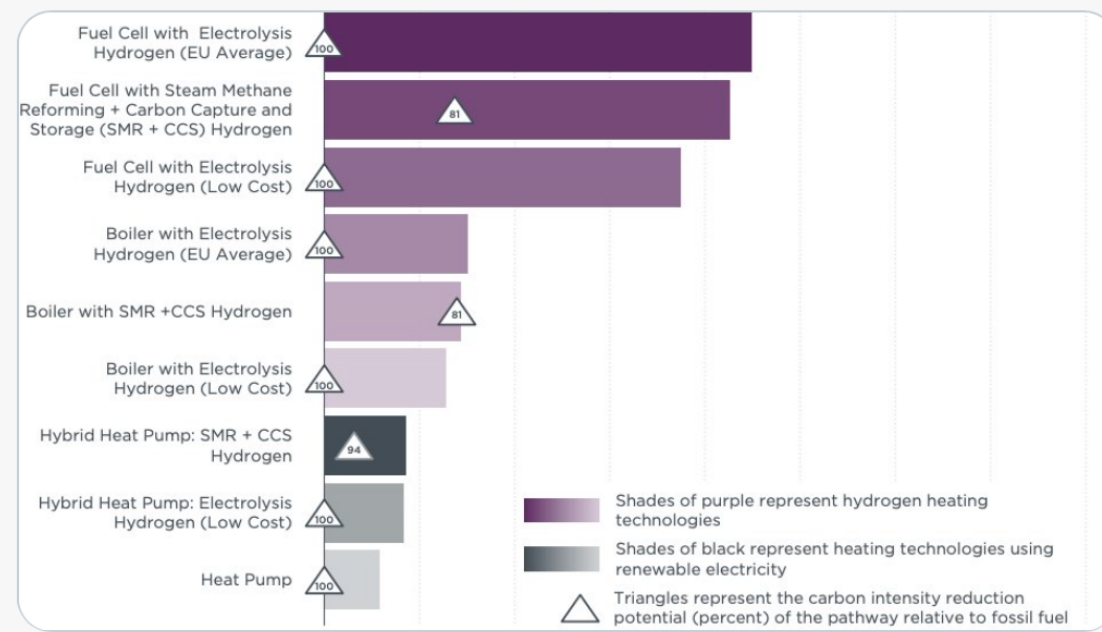


Jan Rosenow @janrosenow · Mar 11

Heat pumps are far cheaper than hydrogen for heating EU homes concludes new @TheICCT study.

Costs include annuitized capital expenses, operating expenses, and fuel costs.

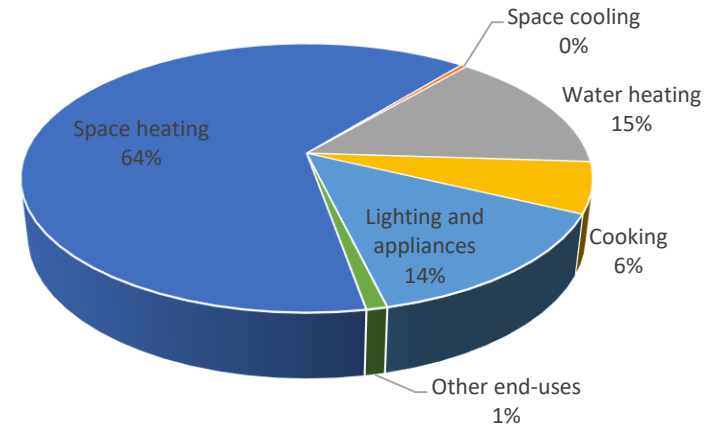
[theicct.org/publications/h...](https://theicct.org/publications/h...)



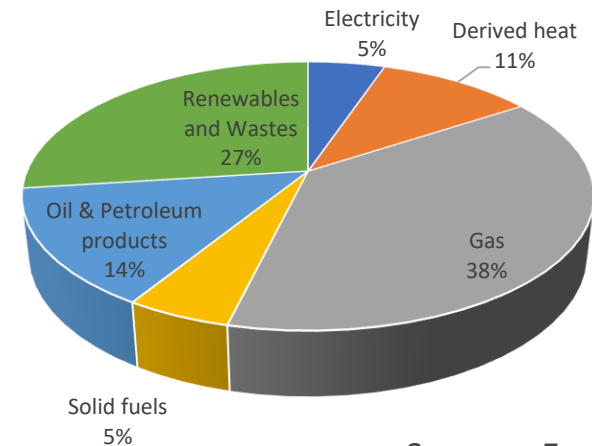
# Actual situation: EU residential sector

- Heating is 2/3 of the total final energy consumption
- High percentage of fossil fuels
- Responsible for about 20% of the CO<sub>2</sub> emissions
- Slow intervention rate for buildings and systems
- High costs for intervention
- Technical limitations
- Ambiguity on fossil

Final energy consumption in the residential sector in EU-27 by end-use, 2018



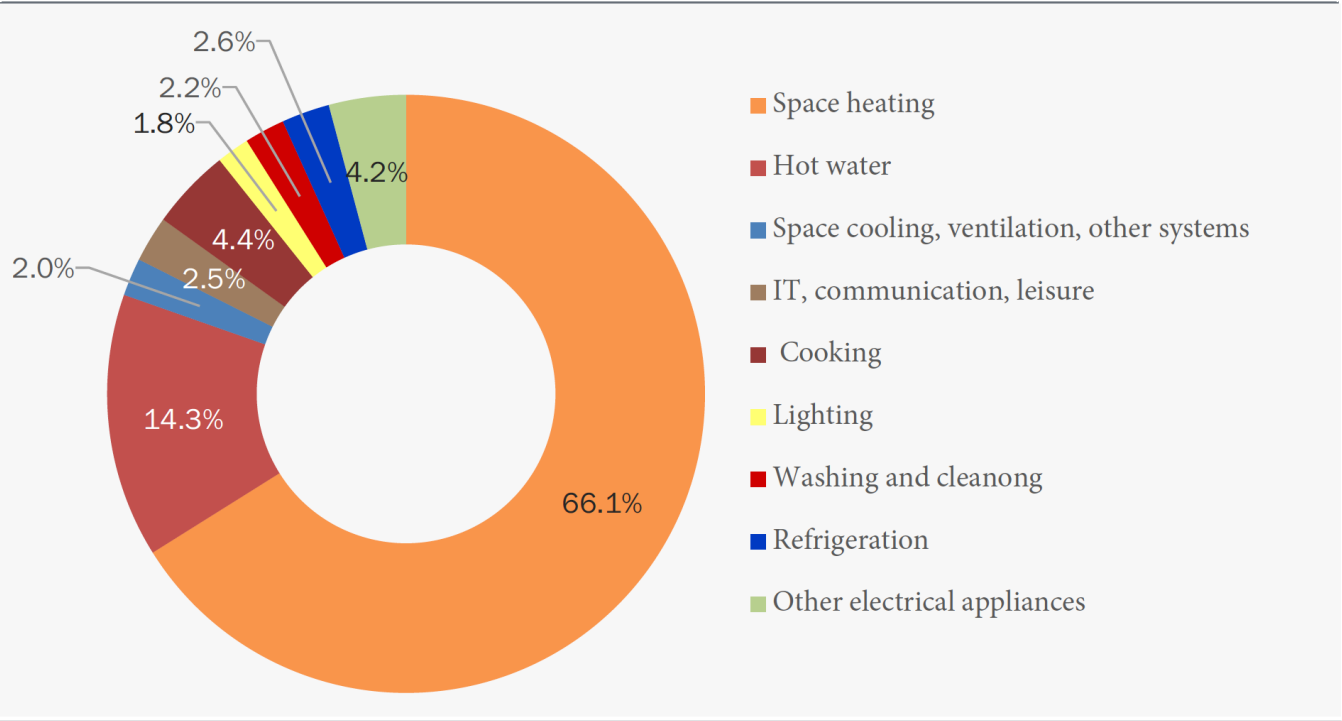
Share of fuels in the final energy consumption: heating in the residential sector, 2018



Sources: Eurostat

# Switzerland: residential sector

Final energy use in Switzerland, household sector in 2019



Source: Prognos 2020

Main energy sources used for heating				
	1990	2000	2017	
	as %	as %	as %	IC*
Heating oil	60.9	57.8	39.4	0.7
Gas	9.2	14.6	20.7	0.6
Electricity	10.7	9.8	6.9	0.4
Wood	15.5	11.5	10.1	0.5
District heating	1.2	1.5	4.2	0.4
Solar collector	0.0	0.1	0.3	0.1
Heat pump	2.0	4.4	17.9	0.5
Others	0.4	0.1	0.3	0.1
None	0.0	0.2	0.3	0.1

1990, 2000: This information concerns residential buildings in which at least one person has their civil domicile.; 2017: This information concerns residential buildings as main place of residence for at least one person.

\* Confidence interval: ± (in percentage points)

Sources: FSO - Population census, Survey on the energy sources of residential buildings

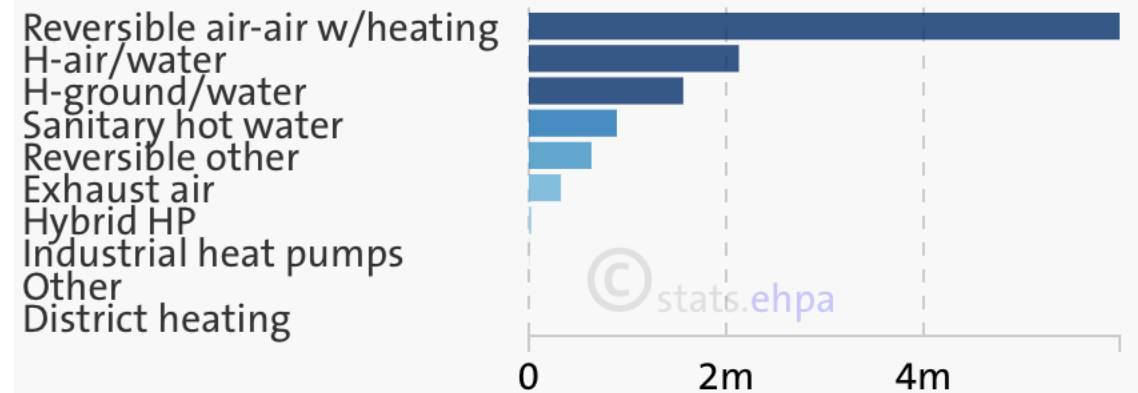
# Heat pumps market status: EU

Sales 2018:

- 1,3 mio (all types)
- FR 300k, IT 200k
- DE, ES, NO, SE 100k

Air-air reversible, stock:

- More than 6 mio. installed
- Around a mio. in NO, SE



# Market status: CH

## Heat pump sales overview

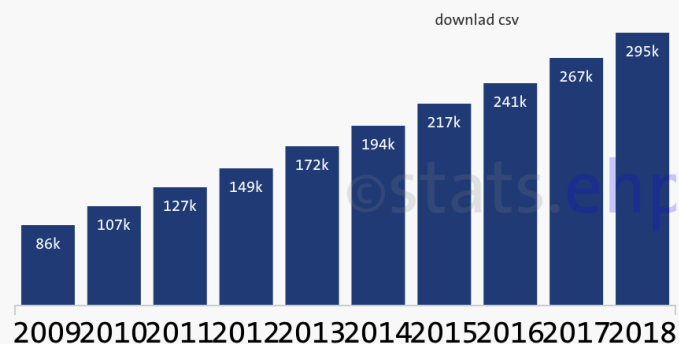
### Heat pumps installed

Sales [Stock](#)



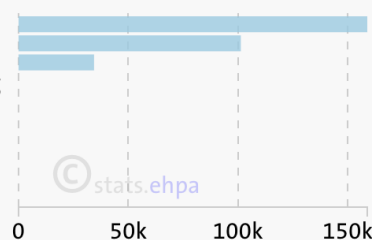
4k 2.3m

### Stock development



### Type of HP

H-air/water  
H-ground/water  
Sanitary hot water  
Reversible air-air w/heating  
District heating  
Exhaust air  
Hybrid HP  
Industrial heat pumps  
Other  
Reversible other



## Heat pump sales per 1000 inhabitants (2017)

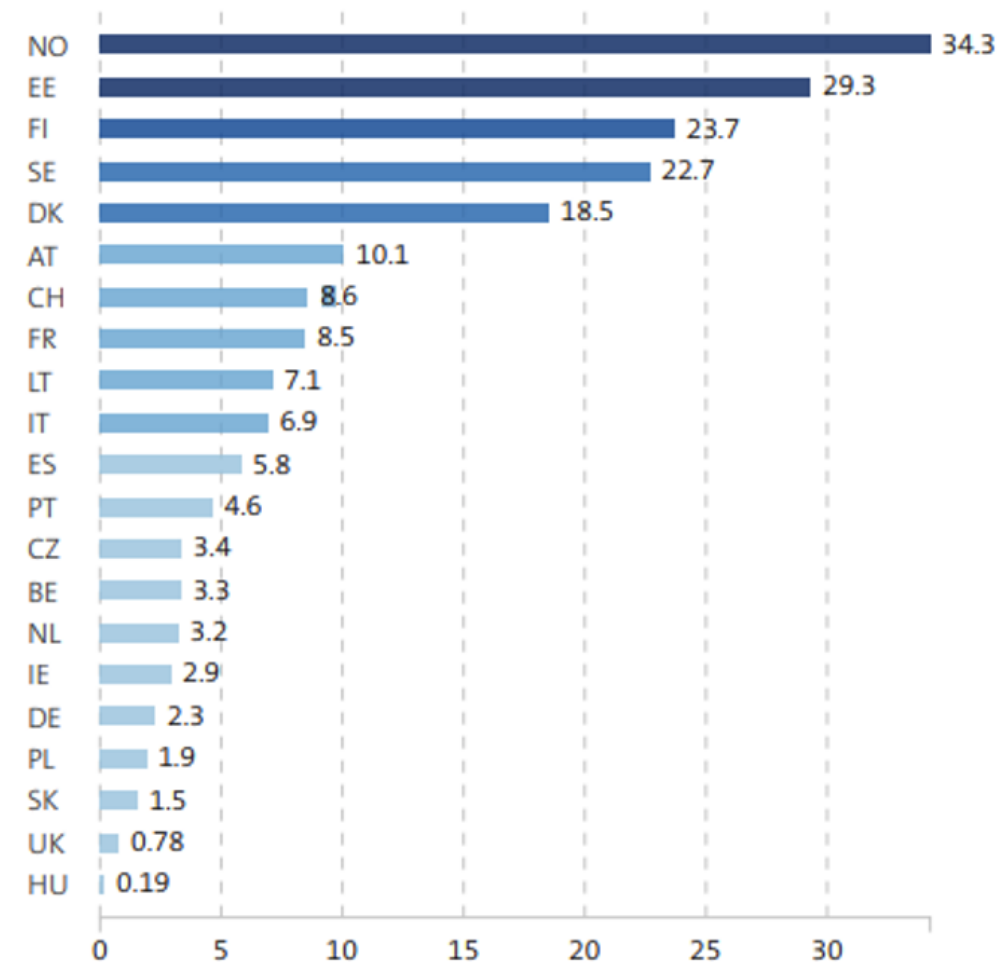


Figure 1: Heat pump sales 2017 per 1000 inhabitants, EHPA's European Heat Pump Markets and Statistics Report 2018

# Heating and Cooling Knowhow and Solutions - HACKS H2020 project

The objective of HACKS project is to achieve market transformation for heating and cooling (HAC) appliances and improve comfort and health of European citizens.

To achieve this goal, 17 HACKS partners in 15 countries are working together, thanks to the financial support of the European Horizon 2020 programme.



HEATING AND COOLING  
KNOWHOW AND SOLUTIONS



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 845231.

The sole responsibility for this content lies with the authors. It does not necessarily reflect the opinion of the European Union. Neither the EASME nor the European Commission are responsible for any use that may be made of the information contained therein.

# Incentive schemes

In the 15 HACKS countries financial support is available for the purchase of heating appliances/systems.

These schemes exist at the national (CZ, DE, FR, IT, LT, LU, PL, PT, UK), regional (AT, BE, CH, DE, ES, PL), and the local level (CH, DE, LU, FR, NO, PL, SE).

The most frequent are:

- Rebates and subsidies (virtually all countries).
- Reduced VAT for renovation (BE, FR, IT).
- Zero- or low-interest loans for comprehensive renovation works, including heating systems (FR, PL).

Please see the project material for more detailed information.



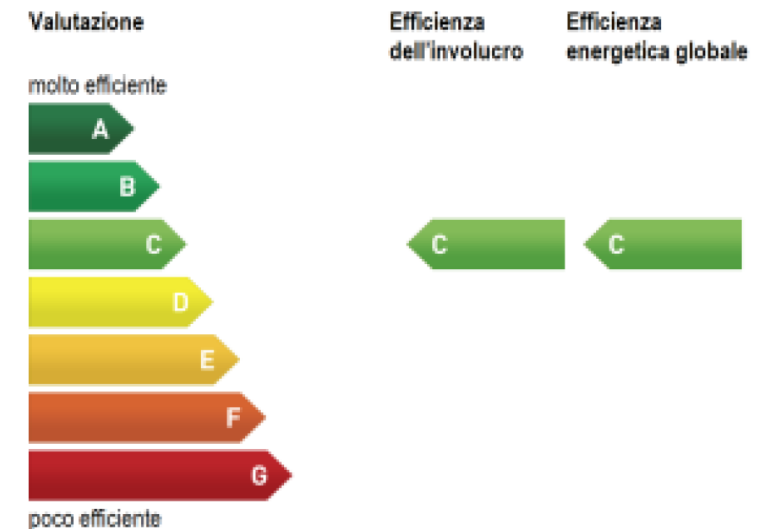
# Incentive schemes in CH and legal framework

In case of **substitution of fossil or direct electric**, all heat pumps except air-air are supported. The installation should be certified by the “system-module for heat pumps”, by the installer. No incentive for systems installed in new buildings.

All the new installations or substitution are requiring a **construction permit** at municipal level, considering the **energy efficiency** cantonal regulation and the federal ordinance on **noise pollution**.

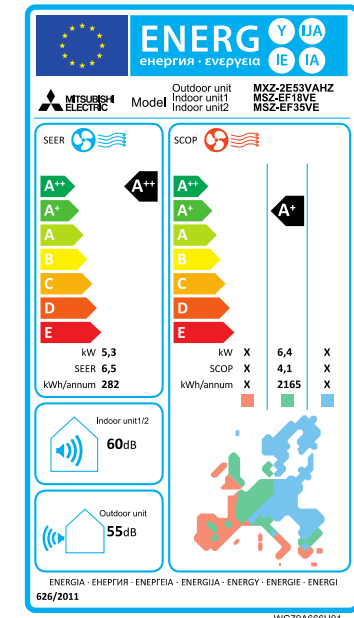
The **incentive level is differentiated by regions** and could include the new installation of a proper hydronic system for the heating distribution of hot water.

The **combination** of insulation measures and new heating systems **increases the incentive level** -> using the building certification scheme



# ten.ch initiative – how the study started

- Finding good installation of air-air heat pumps for heating, in Switzerland (alpine and subalpine region)
- Preliminary survey with designer/installer and users:
  - Plans
  - Details
  - Systems
  - Consumption
  - Small survey in place, with inhabitants
- See if it works and how
- Next steps: propose a more detailed study



# First actions at local level

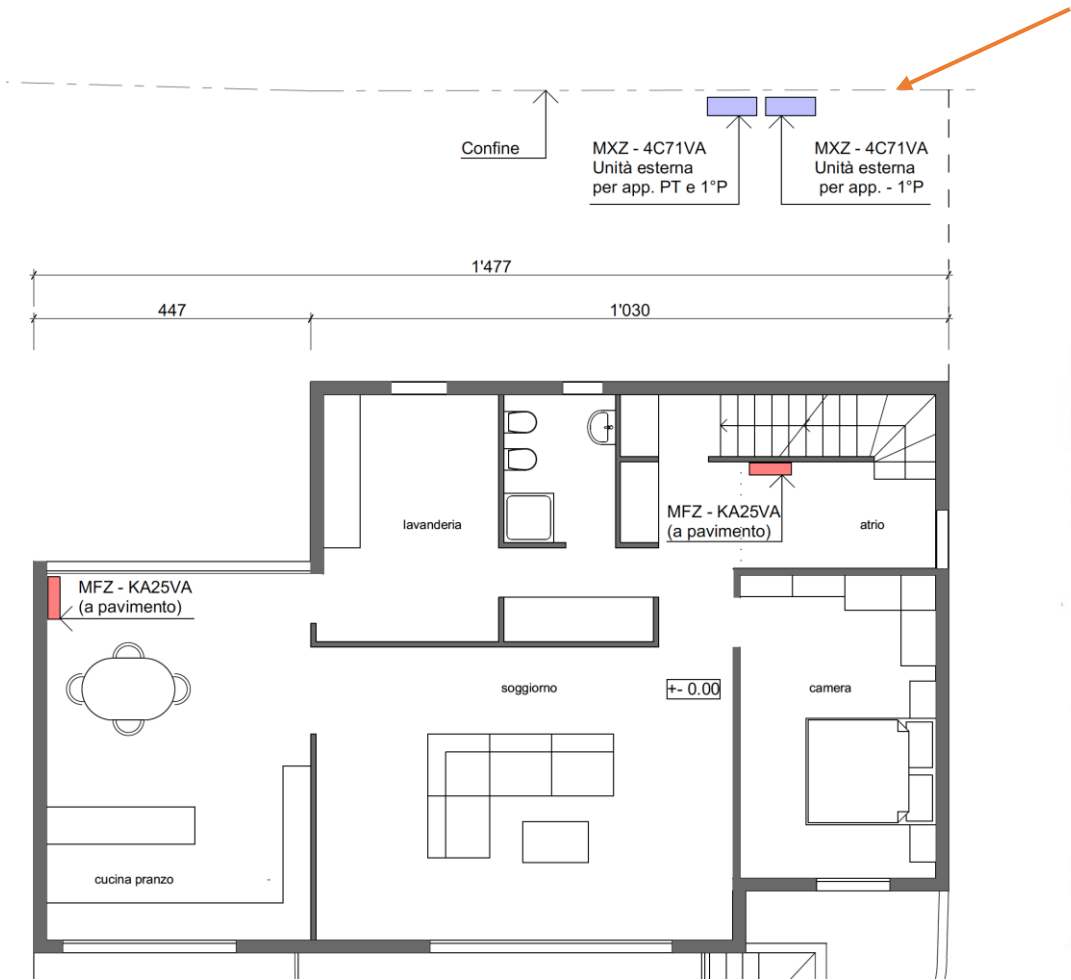
- Discussions with installers on number of systems installed
- Open the discussion with the cantonal energy authorities in Ticino (south CH)
- Statistical data
  - 1/3 of the residential buildings are SFH
  - 36k over 231k buildings (15%) were using direct electric heaters in 2015
  - about 1000 installations of air-air heat pumps for heating (preliminary data)
  - a number of installations is not considered (office A/C, ...)
- Research of documented and efficient case studies: 4 SFH Minergie (new or refurbished) + 1 non certified

# Examples of air-air heat pump installations for heating





# Noise control: outside



## SPECIFICHE TECNICHE

MODELLO	Set		MXZ-4C71VA MXZ-4B71VA
	N. unità interne	Unità esterna	Da 2 a 4 MXZ-4C(B)71VA
Alimentazione	Tensione/freq./Fasi	V/Hz/n°	230/50/1
Raffreddamento	Capacità	nominale	kW 7.1
		min/max	kW 3.7-8.8
	Potenza Assorbita <sup>1</sup>	nominale	kW 1.68
	EER <sup>2</sup>		4.02
	Classe di efficienza energetica		A
	Consumo annuo	kWh	883
Riscaldamento	Pressione sonora unità esterna	min/max	dB(A) 45/48
	Capacità	nominale	kW 8.6
		min/max	kW 3.4-10.7
	Potenza Assorbita <sup>1</sup>	nominale	kW 1.705
	COP <sup>2</sup>		4.79
	Classe di efficienza energetica		A
Linee frigorifere	Pressione sonora unità esterna	min/max	dB(A) 48/52
	Massima corrente assorbita	A	15.0
Unità esterna	Dimensioni	AsLxP	mm 710x840 (+30)x330
	Peso	Kg	58
Linee frigorifere	Diametri attacchi	Liquido	mm 6.35 x 4
		Gas	mm 9.52 x 3 + 12.7 x 1
Refrigerante	Lunghezza max (totale/ogni ramo)	m	60/25
	Dislivello max (UI sopra UE / UI sotto UE)	m	15/10
Campo di funz. garantito	Tipo		R410A
	Raffreddamento	min/max	°C -10 ~ +43
	Riscaldamento	min/max	°C -15 ~ +24

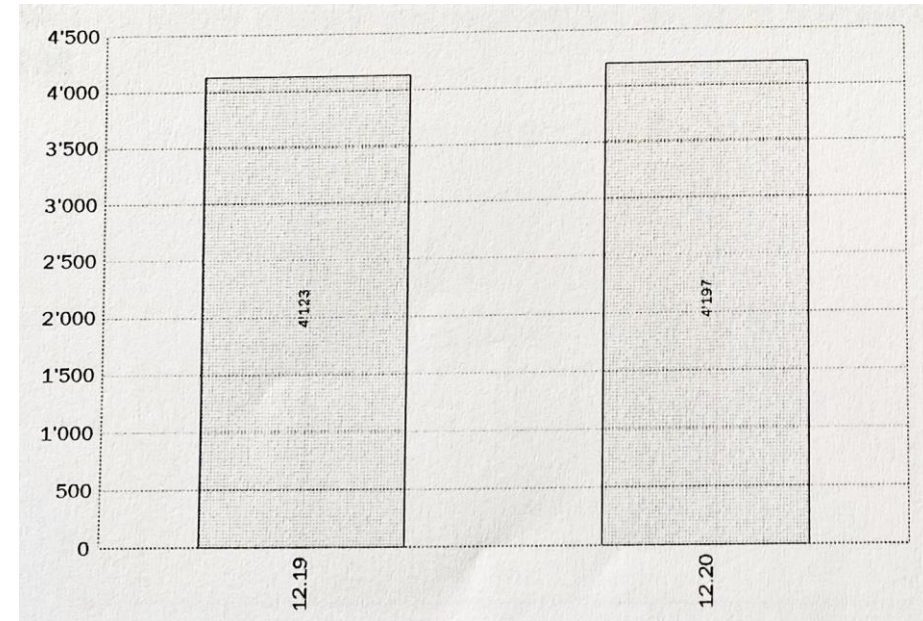
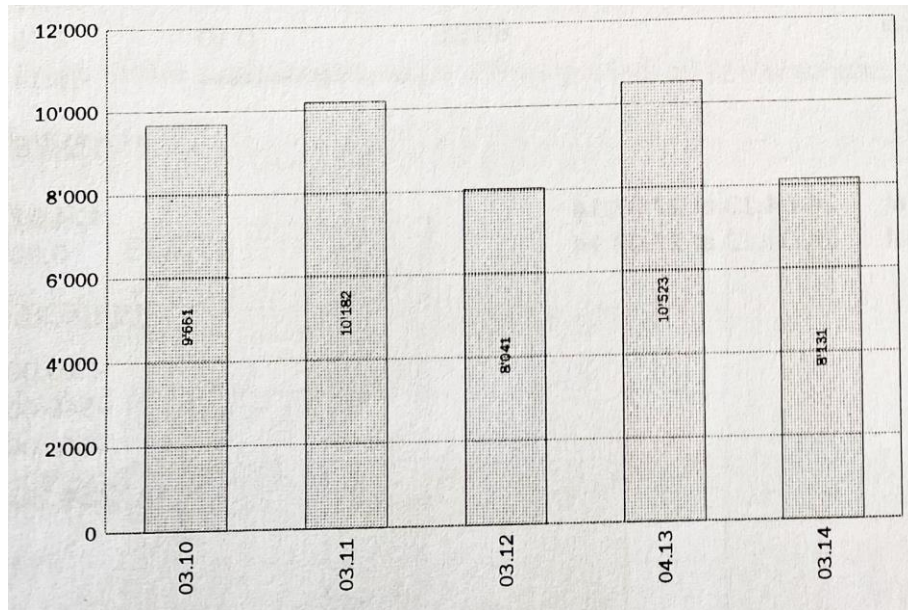
Lp@1m = 52 dB(A),  
48 in night function

# Noise control: inside units



Lw from 41 at max power down to 19 dB(A) – all installation were made 3 to 6 years ago.

# Consumption and costs



House 1: in average per year: from 25 to 11 kWh/day and from 1'800 Sfr to 1'000  
Energy performance (considering all systems): from 91 to 40 kWh/m<sup>2</sup>y of final energy

It includes everything: new appliances, new heat recovery system, ...., heating, hot water.

# Investment costs

- The cost for a new air-air heat pump, compared to a similar air-water is 30-50% less
- It comprises internal units and distribution system
- A new underfloor heating could cost 40-100.- Sfr. per m<sup>2</sup>

For a typical SFH, new or without distribution system, the investment could be 20-50k lower.

For existing buildings is necessary the INSULATION of the envelope, in order to reduce power (and size, and consumption) and increase the comfort!

In existing building the space for installation is limited!



# Same size... different cost!

24	RISCALDAMENTO + RAFFRESCAMENTO			
240.0	Generatore di Calore	12'600.00		
240.1	Condotte Frigorifere TP	3'845.00		
240.2	Accumulo Caldo/Freddo	1'450.00		
240.3	Bollitore ACS	4'675.00		
240.4	Gruppi di Distribuzione	1'730.00		
240.5	Prestazioni di Servizio	1'160.00		
240.6	Organi di Sicurezza	390.00		
240.7	Armature	1'480.00		
240.8	Trasporto e Montaggio	8'250.00		
240.	Produzione di Calore		35'580.00	
240.	Produzione di Calore			35'580.00
242.	Condotte Geberit - Mepla		7'925.00	
242.	Condotte Geberit - Mepla			7'925.00
243.0	Serpentine a Pavimento	1'980.00		
243.1	Isolazione a Pavimento	3'054.00		
243.2	Collettori Distribuzione	690.00		
243.3	Regolazione Serpentine	1'340.00		
243.4	Trasporto e Montaggio	5'750.00		
243.	Distr. Caldo + Raffrescamento		12'814.00	
243.	Distr. Caldo + Raffrescamento			12'814.00
244.0	Ventil Convettore	2'750.00		
244.1	Condotte	1'685.00		
244.2	Trasporto e Montaggio	1'750.00		
244.	Raffreddamento		6'185.00	
244.	Raffreddamento			6'185.00
248.	Isolazioni		2'845.00	
248.	Isolazioni			2'845.00
24	RISCALDAMENTO + RAFFRESCAMENTO		65'349.00	

	Quantità	Prezzo unitario	Sconto	Importo netto
Unità motocondensante esterna Inverter a pompa di calore Mitsubishi MXZ-3054 VA	1.00 PZ	3'020.00		3'020.00
Unità motocondensante esterna Inverter a pompa di calore Mitsubishi MXZ-4 D72 VA	1.00 PZ	4'176.00		4'176.00
Unità interna murale con comando a raggi infrarossi Mitsubishi MSZ-SF 25 VA	7.00 PZ	607.50		4'252.50
Condotta frigorifera in rame isolata, completa di fissaggio	1 AC	2'970.00		2'970.00
Telaio di supporto per unità motocondensante, incluso bacinella raccolgi condensa	2.00 PZ	190.00		380.00
Trasporto e montaggio di tutto quanto descritto	1 AC	9'135.00		9'135.00
Messa in servizio	1 AC	350.00		350.00
TOTALE OFFERTA (IVA ESCLUSA)			CHF	24'283.50 =====

# Good products on the market?

**topten.eu** News About Us Partner Contact Search...

Household Lighting Office & TVs Cars Building Components Professional Appliances

## Energy Efficient Air Conditioners


Home > Building Components > Energy Efficient Air Conditioners

★ Energy Efficient Air Conditioners Selection Criteria Air Conditioners Policy Recommendations room air conditioners

Brand: Select one or more options... Efficiency (cooling): Select one or more options... Efficiency (heating): A++ x Type of air conditioner: multi split x Sort By: Efficiency (heating) As

Clear all filters Export

Total 18 items.

	Brand & Model	Energy
	Panasonic Indoor unit: CS-Z20VKEW Outdoor unit: CU-Z235TBE	Cooling capacity (kW): 3,5 Heating capacity (kW): 4,2 Efficiency (cooling): A+++ Efficiency (heating): A++ SCOP (heating): 4,6 SEER (cooling): 8,5

Not easy to compare efficiency level  
e.g. best products on topten.eu:  
- SCOP 5,1 for air-air  
- SCOP 5,7 for air-water  
-> 0,6 points but is only 12%

## Energy Efficient Heat Pumps

Home > Building Components > Energy Efficient Heat Pumps


★ Energy Efficient Heat Pumps Selection Criteria Heat Pumps

Provider: Select one or more options... Type: air-water x

COP W10/W35: 5.7 6.8 3.6 COP A2/W35: 5.19 4.4 COP B0/W35: 5.4 Inverter technology: Select an option

Clear all filters Export

Total 133 items. Last Updated: 1 Jun 2021

	Brand & Model	Energy	Type	Technical Data
	AerThermie Series: Eureka EU08L	Efficiency index at 35°C: 226,00 Efficiency index at 55°C: 179,00 Efficiency class at 35°C: A+++ Efficiency class at 55°C: A+++	air-water	Heat output A2/W35 (kW): 10,30 COP A2/W35: 5,19

# Effects for utilities

- + Reduction in power installed -> reduction in peak load -> less costs?
- + Better load management
- + Removal of locking time
- + Service continuity
- + Primary energy factor improvement (actual energy mix is 128 gCO<sub>2</sub>/kWh, renewable electricity is 16 gCO<sub>2</sub>/kWh)
- + Less compensation for CO<sub>2</sub> emissions
- + New market opportunities (heating as service)?
- Tariff structure consistent with energy saving (not regressive, at least?)

# Cost and tariff: an example

Consumption category	H5 - SFH 7'500 kWh/y	H6 – SFH 25'000 kWh/y	
Product:	standard	standard	
Network tariff:	7.15	5.51	+29.76 %
Energy cost:	6.84	6.33	+8.06 %
Public taxes:	2.25	2.21	+1.81 %
Taxes for subventions (RIC):	2.30	2.30	0.00 %
<b>Total (ct.Srf./kWh excl. VAT):</b>	<b><u>18.54</u></b>	<b><u>16.35</u></b>	<b><u>+13.39 %</u></b>

Data from <https://www.strompreis.elcom.admin.ch> for postal code CH-6900

# Conclusion

- Cost benefit for users is positive
- Comfort level is good (nobody complained, neither the tenants)
- In general the CO<sub>2</sub> and energy consumption is at least halved, compared to direct electric systems
- Air-water systems are more efficient, but investment costs are huge or installation is really hard

Remember: for comfort and consumption reduction -> insulation first!

There are still a lot of inefficient systems... the transition is too slow.

# References for past (and future) studies

- Nipkow, J. Togni, G. (2010) Elektroheizungen: Massnahmen und Vorgehensoptionen zur Reduktion des Stromverbrauchs.
- Heimdal, S.I.. (2011). Reliability of air to air heat pumps and their contribution to energy savings in Norway. Energy Efficiency First: The Foundation of A Low-Carbon Society. Proceedings of the ECEEE Summer Study 2011. 1807-1813
- Fawcett, T. (2011). The future role of heat pumps in the domestic sector. Proceedings of the ECEEE 2011 Summer Stud. 1547-1557.
- Laitinen, A. (2016) Energy saving potential of air-to-air heat pumps in detached houses in Nordic climate. CLIMA 2016 - proceedings of the 12th REHVA World Congress: volume 3. Department of Civil Engineering, Aalborg University.
- Rosenow, J., Guertler, P., Sorrell, S., Eyre, N. (2018): Remaining potential for energy efficiency in UK homes. *Energy Policy*
- Thomaßen G., Kavvadias K., Jiménez Navarro J.P. (2021) The decarbonisation of the EU heating sector through electrification: A parametric analysis. *Energy Policy*
- Raynaud, M., Osso, D., Bourges, B. *et al.* (2016) Evidence of an indirect rebound effect with reversible heat pumps: having air conditioning but not using it?. *Energy Efficiency*

# Thank you

- Authorities (SPAAS Cantone Ticino)
- Ticinoenergia association and Minergie agency
- Building designers and installers
- All families providing data
- HACKS project
- Topten.ch
- EKZ